

AaWamb Practice Schedule (March/April)

Locations:

Weber International University (Code WIU)
 1201 N. Scenic Hwy
 Babson Park, FL 333827
 863-638-2957

Kirkland Gym (Code KG)
 409 N. 3rd Street
 Lake Wales, FL 33853
 863-678-4088

Grace Lutheran Gym (Code GL)
 330 Ave. C S.E.
 Winter Haven, FL 33880
 863-293-9744

March



9 (Tue)
10 (Wed)



13 (Sat)
14 (Sun)
15 (Mon)



17 (Wed)
19 (Fri)
20 (Sat)



21 (Sun)
22 (Mon)
23 (Tue)



24 (Wed)
27 (Sat)
28 (Sun)

29 (Mon)
31 (Wed)

Tim						
Andria			Denise			
Heather	Noelle	Jules	Tim	Matt	Clint	
10's & 12's	14 elite	14 green	16 elite	16 black	18 Gold	
5 to 6:30	off	off	6:30	off	6:30	
off	4:00	off	off	4:00	off	
Tourney	off	off	off	off	Tourney	
off	College Spring Break				Tourney	
off	off	4:00	off	4:00	off	
4:00	4:00	4:00	4:00	4:00	4:00	
Setters Training 6 PM to 9 PM						
off	Tourney	Tourney	Tourney	Tourney	off	
2 to 4	off	off	off	off	2 to 4	
off	off	4:00	off	4:00	off	
off	off	off	7:30		7:30	
5 to 7	4:00	4:00	Beach 4	4:00	Beach 4	
Tourney	Tourney	Tourney	Tourney	Tourney	Tourney	
off	Tourney	off	Tourney	off	off	
off	off	4:00	off	4:00	off	
off	4:00	4:00	4:00	4:00	4:00	
April April April April April						
off	Tourney	off	Tourney	off	Tourney	
Tourney	Tourney	Tourney	Tourney	Beach 9 -2	Tourney	
Done	Tourney	off	Tourney	off	Tourney	
Done	off	Done	Done	4:00	off	
Done	6 to 9	Done	Done	6 to 9	6 to 9	
Done	Tourney	Done	Done	Tourney	Tourney	
Done	Done	Done	Done	Done	Done	
Beach Season Begins 14 & up						

Beach Season

Playing beach is an amazing way to boost your indoor game, you not only learn all aspects of the game but it is an excellent of the game, but it is an excellent way to work on, strength, communication and quickness. It has been said that if you play in seven beach tournaments over the summer, it is equivalent to three full seasons of playing indoor club! I guess it makes sense, you touch the ball a lot more playing on the beach!!!!

Beach Training:

Intermediate

14 hours of training (3 beach tourneys)
 (Two at Webber, one East end 4/25)
 Cost: \$150.00; includes all tourney costs, t-shirt(s) and training.

Advanced

32 hours of training (7 beach tourneys)
 (Three at Webber, four outside tourneys one which will be played with college athlete/coach).
 Cost: \$350.00 Includes all tourney costs, t-shirt(s) and training.

If you have questions email Coach Tim at: volleyball@aawamb.com